Micro-Mentoring at NWSI 2021

Fundamentals of Mentoring
Preparing for a Micro-Mentoring session
NWSI 2021 Mentors
Panel discussion around common mentoring topics
Fundamentals of Mentoring

• Mentoring – a relationship between two people in, where the individual with more experience and connections in a certain field passes on their knowledge to a more junior individual.
  • Mentees benefit as they receive extra help in making advancement, AND they spend time thoughtfully preparing for their future
  • Mentors benefit as they help set up the future generation for success in a field they care about and ensure traditional knowledge is passed along
• Long term vs short term (micro-mentoring)
• Mentor and mentee (vs protégé)
Preparing for a Micro-Mentoring Session

• Typically 1 short (30-45 minute) session where a mentor and mentee discuss perspectives, career goals, leadership, personal challenges.

• Mentees are encouraged to share with the mentee before the session:
  • Updated resume so the mentor can have some baseline knowledge of the mentee
  • List of things or questions to discuss with the mentor – come in with specific intent. This helps the mentor organize their thoughts and locate shareable resources.

• Mentee reaches out and sets up meeting with mentor – don’t wait.
NWSI 2021 Mentors

• See the attachment in the chat.
• Review their bio and focus on people who either represents things you want to learn more about, or topics you have in common from which you can build a conversation and get pertinent advice to your needs.
  • I want to work in WWSR in California, I’ll focus on people who work there
  • I am a veteran, I’ll focus on someone who also has that background and now works in WWSR.
Panel Discussion on Mentoring

- **Dan Abbe** – Wilderness Specialist at the Arthur Carhart National Wilderness Training Center, USFS
- **Risa Shimoda** – River Management Society Executive Director
- **Tim Eling** – Public Affairs Staff Officer, Daniel Boone National Forest
Thank you and Reminder to Follow Up

• Don’t put off reaching out to your prospective mentor. . . .
• Do those two preparation steps – send to the mentor:
  • Updated resume so the mentor can have some baseline knowledge of the mentee
  • List of things or questions to discuss with the mentor – come in with specific intent. This helps the mentor organize their thoughts and locate shareable resources.